



## PREVENTION OF VIRTUAL HUMAN HARASSMENT THROUGH DIGITAL HUMANITIES

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### ABSTRACT

This era is an era of technology, innovation and scientific research. Human being has become the victim of this technology that has changed the ways of life. This covid 19 has bound the human being to convert into technology oriented creature. In the scenario of covid, many things have been changed as class-room, teaching-learning methods, digital workplace, remote working, conversation platforms

etc. People of all ages have been affected by it. They have to get engaged with any virtual platform to convey their feelings and thoughts. And in sharing it, they are being harassed a lot, sometime knowingly and sometime unknowingly. So an attempt has been made by this research paper to realize and visualize the concept of human harassment at different phases of life such as children, youth and old men on this virtual platform along with the concept of digital humanism.

**KEYWORDS:** Innovation, Harassment, Remote, Digital, Conversation, Humanities.

### INTRODUCTION

The concept of humanities should be deeply rooted in the mind and heart of every human being. This is the basis requirement of any society that the people should have the feeling of belongingness; love for other human being. This era is an era of digitalization. The people of all ages are bound to live a digital life. They are the part of a lot of social sites where they belong to the people far from the nation as well so the concept of digital humanities is being introduced by the technocrats. Life is being changed everywhere. Everyone is doing his

personal and official tasks on any virtual platform. It would not be wrong to say that the credit of it goes to this covid that has bound the people to be dependent on any gadget either smart phone or computer. This covid 19 has bound the human being to convert into technology oriented creature. In the scenario of covid, many things have being changed. The working style of the people has been changed. Teaching-learning methods have been affected. Conversation platforms have been increased. In the same manner, workplaces have being changed. Now people have to handle their work from their homes. The work from home culture has been introduced in this pandemic situation. Remote work has been implemented in various companies. Students are attending their online classes through zoom and GCR. The traditional methodology of managing jobs has been transferred into digital measurement metrics. Now people cannot imagine living without these tools that are the friends of their loneliness, guide and helper in managing the official work and decision making, the source of entertainment and the mediator of solace giver. When the people are spending their time along with these things, they are becoming the victim of digital harassment as well. Likewise the conventional tricks of women harassment have been renewed into cyber bullying. People of all ages have been affected by it. An attempt has been made by this research paper to realize and visualize the concept of human harassment at different phases of life such as children, youth and old men on this virtual platform along with some suggestions to come out from it.

### **Literature review**

The very first phase of human life has been started by childhood that is much affected in this pandemic condition through this virtual mood. No doubt the first schooling of human being starts from his home but besides it he needs a lot. Children can learn a lot along with his friends, teachers and other person. The environment of the school compels them automatically to increase their intellectual capabilities. Friends engage self learning process, leadership training and decision making policies. But this period has bound the children to live inside the homes. They cannot go anywhere, no school, no playground, no outing, nothing else. Their colorful and jolly classrooms have been changed into zoom classroom in which they are bound to sit in front of a gadget. They are bound to listen their teachers only; there is no conversation with the friends, no masti, no entertainment. It is just a monotonous platform but they are bound to sit and listen. Actually, mostly students go to school or college only for their friends. Then in the company of their friends, they learn and share their knowledge and experiences. They can share a lot with their friends rather than their parents

but now they are just helpless on this virtual mode. They feel very depressed, irritated and loneliness. Their parents compel them and scold them to attend the classes that have no interest for them. Besides it, online games have taken the place of the playground. But they have no option so they have to engage on so many online games. Again they are been scold for using these gadgets a lot. What it may be called. It is really harassment. No doubt many children are already familiar with this online mode but others are firstly introduced to these social networking platforms that can put them at heighten risks. Unknowingly they can be the victim of cyber bullying, self generated risk taking activities, ideological violence, humiliation and discrimination. Poor children are just helpless. They are not getting anyone with whom they can share their agony.

Various revolutions have been taken place all over the world time to time as Industrial revolution, Green revolution etc and a lot of chaos and disturbance have spread due to such revolutions. In the same manner, a new revolution that is work from home has been introduced everywhere. The second phase of this research paper is connected with the youth and working class people who are being frustrated a lot by this remote working. Their homes that are their peace provider have been converted into offices. They have to manage their work from their homes. When they went to their offices, their working hours are limited but now twenty four hours are the working hours. The higher authorities demand the output any time and they have to engage on that project accordingly. In offices, any task can be completed easily by team work and friend's support but at home where family members are just waiting for work-brake, they are just waiting for healthy conversation, children are waiting for playing indoor games with their parents but they are busy with handling their work. Really there is no time for breakfast, lunch and dinner. Man has become just like a machine. No doubt, many people are already expert in this field. They know to use this technology smartly but this remote working culture is quite new for some people. They are having the knowledge of these gadgets but they are not expert. This is also a burden on them. And the same can be experienced in the case of academic personalities who are not known to operate Zoom and GCR. They have to learn all these platforms first during this pandemic situation on their homes and then they can be able to conduct online classes that are quite challenging for them. Still it is very appreciable that they have learnt all these things within a short period of time. But their higher authorities are not satisfied with their work and they are threatening to put them out from the office, again pressure is there. Really many employees are feeling humiliated due to such work culture. Besides it a lot of people have lost their jobs,

many are getting twenty or thirty percent salary. The higher authorities are feeling that their employees are on holidays but it is not a holiday rather it is a curse for them. Employees are in a fear all the time, how they will survive, how they will manage all the things, how they will satisfy their boss, all these questions are disturbing them a lot. And it is the most pathetic condition in few cases that they cannot discuss all these problems with their family members and friends who are already in a fear of being victim of this digital humiliation.

After children and youth, it is the time to realize the humiliation of old aged generation who is really very far from the approach of these gadgets but this time period has compelled them to touch and learn these devices. For them also, it is the demand of time. Elders are more social so it is panic for them to keep themselves behind the doors. They cannot live all alone so they are bound to learn how to operate android phones and laptop with the help of their younger. They want to join interactive sessions of Yoga club, they are bound to spend their time in appreciating online satsang and bhajan, they have to have indulged in counseling sessions and sometime they want to have an online appointment along with doctors. For all these, they need to learn using these digital tracts. They have learnt how to operate and use it but they are not expert in it so they have to face a lot of problems. The first feeling of humiliation has started from their home. They have to request their younger who are also indulged in their own life to guide them in this direction and they try to just neglect them. Then they wait till their attention. After their learning phase, they are quite unaware about some safety guidelines. They do not know the updating of software. So it can be stated that various types of digital humiliation, people have to face. Really the situation and condition is very miserable and panic. Besides all this, the real picture of digital humiliation can be realized when the people are engaging in sharing their experiences about hunger on the social platform. Everyone agree that no one is equal in the society. In this society, a lot of people are not able to get anything to eat. They are dying with hunger. They have no work to do due to lockdown. But on the other hand, people are becoming highly conscious for their healthy diet. They are taking healthy food along with juice and fruits. They are doing exercises to keep themselves physically and mentally fit. Both pictures have been presented in front of us and we are to think that with whom we will have to move, we will have to make a choice. Both situations are in front of us. No doubt, a lot of people and society have come forward for the help of such people for providing the food and shelter. The same should be there on this virtual platform. People should encourage others; help others by promoting online motivational quotes, picks and other ways whatever they can do.

### Analysis

Children are the pillar of this nation and their satisfaction and protection should be taken on primary concern. Some steps and suggestions are there in this regard. Schools should follow a proper and safe platform for online classes. They should follow only authorized learning dais where they can schedule a lot of interactive sessions along with their students. Proper time table for classes should be followed and a copy of timetable should be sent to their parents. Students should be asked to follow some essential guidelines as they should put on their uniforms during classes. They should keep their videos on. They should not attend the class from their bedroom rather they should be in proper posture. Teacher should try their level best to make a healthy relationship with their students. A mutual understanding should be there. Teacher should teach less and do practice sessions a lot. It should be thought provoking and inspiring. It should not be monotonous. Short breaks should be between two classes. Students should be engaged on some online activities based on leadership skills, team management and decision making policies. Teacher should monitor online behavior of the students. School or college authorities should follow some anti bullying policies. They can adapt many policies as Chirdnet International and NSPCC.

The role of parents is very important in this regard. They should realize that really it is very crucial time to be interactive with their children. No doubt, everyone is facing very panic situation but a child has a very soft hearted. So it is the responsibility of the parents that they should share their social experiences with their wards so that they can understand the outer situation. Parents should tell them about the harms of some websites. They should not bind their children to follow this or that rather they should present both side of the coin. Special attention should be paid in this regard. They can help them to access some supportive online resources for learning and playing. Parents should set some boundaries to use internet. They should be aware about all settings and time to time they should ensure these private setting. Parents and caregivers should be familiar with online and offline mechanism to control the virtual programming.

For avoiding some instability during this period when these digital resources are being used a lot, all should improve virtual devices, their settings, technological resources, measurement tricks on regular bases as ITU's new Global Network Resiliency Platform is one of them. There is much software that can measure the activities of the children. Technology companies should provide free modules to make online learning move effective and convenient.

National Security Support system should be very strong in this regard. No outer policy that is harmful for our generation should be implemented in our country. The main command for all devices and software should be leaded by National Security Support System. Safety features should be enhanced. There should be reflective and transparent laws and regulation on national and international level. Social networking programs should be built with relevant child fortification policies. Companies should promote some technical tools and solutions for parental control so that they can help their children for digital resilience skills and technology. Effective government policies and rules can be very benefited and influenced in this regard. Government should allocate ample schemes and resources for child protection on this virtual platform. In an article, it has been written that Government sectors should be certain for public services providers. They should be highly aware for local exposure mechanisms. The major international reporting networks include INHOPE Hotlines and IWF portals by which children can use Child Help lines.

Next in the case of youths, it is universally accepted truth that human being is a social animal. He cannot live without social gathering but now in this situation, he has to live in isolation so he is neither mentally or psychology fit during this pandemic situation. The mental and psychological health of the employees should be taken on the primary concern by the owner of organization. It is a universal truth that healthy workforce is much more productive and in healthy environment, employees can give their best. For it, organizations can organize Yoga programs, Fitness and Meditation programs for twenty or thirty minutes for the employees. Really it will improve their confidence level and emotional upheaval. And most important, they should feel empowered by this feeling that they will again return in their offices. This feeling will remove their mental fatigue. Companies should organize some informal interactive sessions along with the employee and their family members. The higher authorities should express their concern for their employees' health and protection. Employees should be the part of training committees and they should be advanced enough to face the challenges. For it, proper workshops, training sessions should be organized.

There should be the concept of digital humanities. As it has been observed that many female employees are the victim of sexual harassment on this virtual platform. So harsh steps should be taken in this regard. Internal complain committee should be set up in the organization and they should be registered with the District Women Development Offices. Women employees should have the knowledge of Sexual Harassment Electronic Box. It has been observed on

Zoom platform that female employees that are teachers or in any profession are bound to tolerate sexual and abusive language in the presence of the higher authorities and they are just speechless. So the organization should follow Complain Mechanism, Conciliation, Redressed Inquiry, Interim Relief and they should follow the rules and regulations of POSH.

Change is the law of nature. It is applicable everywhere. In the present circumstances, it has been realized that up gradation in learning intervention is mandatory. Everyone should develop the intellectual and technical part time to time so that he can run along with the society. Outdated concepts are not preferred in the society. The knowledge of technology is mandatory now a days for the people of all streams so they should be updated. Teachers should be known about the modern devices that can be used as a tool for lecture-delivery and engaging the students in learning with making it entertaining. They should have the perfect skill for online mode of education. This generation is very smart. It has been experienced that they can make their elders fool if they are not in the habit of playing with device. No doubt it is the first and foremost responsibility of an employee that they should try his level best to enhance his knowledge. Besides it, organization should also arrange some development programmes, training sessions, learning platforms to enhance the skill and ability of the employees.

Every coin has two sides. The same is with this digital technology. It is also a fact that it has changed the life style of the elders. Now they can engage in conversation with anyone else, not only they can converse but they can interact while seeing the others. It means being alone, they are not alone. They feel that a lot of people are approachable. In this pandemic situation, they cannot go for outing but on this virtual platform, they can enjoy the visit of various temples while sitting at their home. They can search anything whatever they want. They can read newspaper on it. They can play games. They can visit their doctors. They can talk whosoever they want.

## CONCLUSION

Where there is human being, the concept of humanism should be there. Everyone should think about others. Now this concept has become more advanced and the concept of humanism has been converted into digital humanism. A lot of digital platform has been used for this propose. Various activities as FDP, Counseling sessions are going on in this direction. People are using uncountable social sites where they are sharing their thoughts, feelings, dreams, plans and views. So they should have humanitarian approach in this regards.

Everyone should follow some values and ethics. People should have sympathy, concern, respect and devotion for others. They should have this sense that other is also a human being. It is the social responsibility of everyone else that we should try our best to provide the strong and positive foundation of thoughts and action through these social sites. A lot of motivational programs are going on now-a-days on digital platform and their main motto is to remove the doubts and confusions from the people and encourage them for leading a successful life. One advantage of this digitalization is that the people all over the world can connect together at the same time and with a same purpose, motive and mission. They can correlate their planning along with the people of different country, environment and culture. Really technology has gifted us with such kind of platform where we all are equal. The basic requirement is to be aware about some essential and fundamental social and professional ethics. Everyone should not only follow them rather motivate other to follow as well. Then really this universe will be just like a heaven for all.

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